

# THE HORSE'S VOICE

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## LETTER FROM THE PRESIDENT

Welcome to the *Horse's Voice*, Crane Mountain Valley Horse Rescue's bi-annual newsletter. We had another great year, and want to share how the generous support of people like you is truly helping to change the world. In addition to saving the lives of horses in need, you have helped children, adults and those with special needs find happiness and hope through the heart of the horse.

As you read through the pages, we hope you are as proud of our accomplishments as we are appreciative of your support. Here a few special highlights since we last wrote:

- we relocated from Warrensburg to Westport, New York, increasing the capacity of horses we can save and reducing Nancy's work commute by nearly 12 hours per week so she can give more time to the horses and the program – I like that!!!
- more than 40 horses have been rehabilitated and placed in new homes, and



Nancy and Eddie on their wedding day, in full

gator for the Town of Westport and Nancy was appointed my assistant

- Nancy was featured as the "Horse Rescuer" in the February 2005 member profile of *NAFE Magazine*, a publication of the National Association of Female Execu-

100s more have been helped through our education and outreach programs

- we've hosted a job-shadowing program for the local high school, a journalism student, and character development curriculum field trips for kindergarten through high school students
- Crane Mountain Valley Horse Rescue received the 2004 *Safety Award* from the North American Horseman's Association
- I was appointed animal control officer and cruelty investi-

tives

- Crane Mountain Valley Horse Rescue was featured as "Horse Heaven" in the June 2005 issue of *Adirondack Life* magazine

Horses are our passion and our lives. Through our work with them, we hope to instill the values of kindness and compassion for all living beings. This is how we will change the world. Thank you for making it possible. Come visit us in 2005.

Eddie Mrozik

"There is one language that all creatures comprehend—the language of loving kindness. Love to an animal is like sunshine is to a plant. It has a tonic effect, and they thrive on it."

The Human Pleader

## BOARD OF DIRECTORS

Edward Mrozik, Jr.—President  
Nancy Van Wie—Vice President  
Susan Kastan—Secretary

## KIDS LEARN KINDNESS

Children are our most valuable natural resource and our hope for the future. Teaching kindness and compassion for all living beings is one of the greatest gifts we can give to each other, and to the next generation.

Horses are the best teachers because the never lie. They are a true reflection of who we are and how we treat them.

Our community outreach programs for the local schools

and youth organizations are designed to demonstrate how kindness, trust and respect can forge a relationship that enables horse and human to work together in harmony, a concept that we can then translate to our relationships with one another.

## WITH DEEPEST GRATITUDE TO OUR 2004 SUPPORTERS

Anonymous	Glens Falls Foundation	Mary Beth and Michael Peabody
Adirondack Nature Conservancy	Sterling, Susan and Taylor Goodspeed	Penguin Group
Ann Aldrich	Susan Grady	Margaret Perry
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Betty Ganje	James Parkel and Cate Mandigo	
Mary Garcia	Edward Parma	
<i>4-Ms Farm</i>	Stephanie Payton, DVM	
Terri Giglinto	<i>Harmony Veterinary Clinic</i>	

# HORSE OF THE YEAR



Big Red in November, 2003.

His lineage, to us, doesn't matter. All that matters is that Big Red started his life in the racing world. When his career ended, for whatever reason, his next life was clearly one of neglect.

We rescued Big Red from slaughter. The upper left photo was taken on the day

he arrived. Underneath his shaggy coat, ribby body and protruding belly, we saw a diamond in the rough. The halter was a fixture on his face, evidenced by the indentation marks and patches of missing hair that made him look like he was wearing a halter when he wasn't.

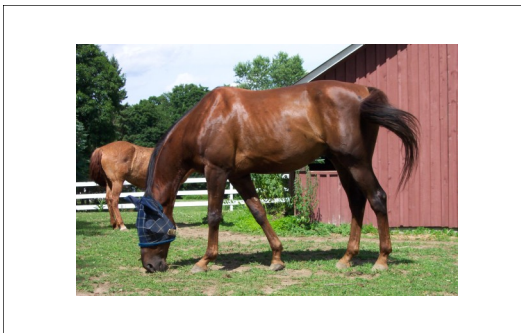
His perfect conformation, kind eye

and adorable personality are a winning combination. How can humans be so cruel?

It took months of an aggressive de-worming schedule to eradicate the worms that caused his protruding belly and shaggy appearance.

Today, Big Red is enjoying life with his new mom, Juliette, and his sister, Ginger, as seen in the photo below. Red will never again experience the torment and hunger caused by human ignorance.

Thank you for helping us to make Big Red's new life possible.



Big Red in July, 2004.

It is always difficult for us to select a horse of the year, because they all deserve that title for their courage and the enrichment of our lives, for the privilege of caring for them.

This year, we have chosen Big Red. Red is an 11 year old, retired race horse whose lineage and career we've not been able to trace because we can't read his faded tattoo (race horses are typically identified by a unique tattoo; thoroughbreds have them on the inside of their upper lip and standardbreds have them on their necks).

## PROFILES OF GENEROSITY

This year, more than 200 individuals, businesses and foundations made tax-deductible contributions to support our work. Just as important, 43 volunteers, ages 7-84, selflessly donated their time and talent to help us with farm chores, mailings, fundraising, events, horse care, and more. You are the true heroes. Our work is only possible because of your support. Thank you.

Our Spring issue of "The Horse's Voice" will be our annual report. We'll list each and every one of you as another way of saying thank you. We can't say it enough!

In this issue, we'd like to lift up 10 year old Taylor Goodspeed. Taylor comes faithfully every Saturday to clean stalls, feed, water, and brush horses. This past summer, Taylor watched Eddie constantly repair fences that were in desperate need of replacement. On his own initiative, and without our knowledge,

Taylor went home one Saturday and wrote a letter to a local lumber company, explaining what we do, his commitment to helping and asked if they'd help too, by donating the wood to replace our 100x130 foot riding arena.

A few days later, we received a phone call from T.C. Murphy Lumber of Wevertown, NY asking how much we needed. Thanks Taylor! Your dedication and commitment inspires us.

### PRAYER OF A HORSE

To Thee, My Master, I offer My Prayer

Feed me, water and care for me and when the day's work is done, provide me with shelter, a clean dry bed and a shed wide enough to lie down in comfort. Talk to me. Your voice often means as much to me as the reins. Pat me sometimes, that I may serve you the more gladly and learn to love you.

Don't jerk the reins and do not whip me when going up hill. Never strike, beat or kick me when I do not understand what you mean, but give me a chance to understand you. Watch me, and if I fail to do your bidding, see if something is not wrong with my harness or feet.

Examine my teeth when I do not eat. I may have an ulcerated tooth and that, you know, is very painful. Do not tie my head in an unnatural position or take away my best defense against flies and mosquitoes by cutting off my tail.

And finally, oh, my Master, when my useful strength is gone, do not turn me out to starve or freeze, or sell me to some cruel owner to be slowly tortured and starved to death. But do thou, My Master, take my life in the kindest way and your God will reward you here and hereafter. You may not consider me irreverent if I ask this in the name of Him, who was born in a stable.

Amen.

Author unknown

CRANE MOUNTAIN  
VALLEY HORSE  
RESCUE, INC.

7556 NYS Route 9N  
Westport, New York 12993

Phone: 518-962-8512  
Email: [horses@cmvhr.org](mailto:horses@cmvhr.org)  
[www.cmvhr.org](http://www.cmvhr.org)



Gail Guenther

*Crane Mountain Valley Horse Rescue, Inc. is dedicated to giving abused, neglected, abandoned, and slaughter-bound horses a second-chance at life by providing shelter, care, emotional and physical rehabilitation, and adoption services to qualified and approved homes. To prevent abuse and neglect, Crane Mountain Valley Horse Rescue, Inc., through educational programs and on-site visits, will teach responsibility, kindness, patience, and overall good animal husbandry.*

## RELOCATING TO WESTPORT, NY

Crane Mountain Valley Horse Rescue, Inc. is proud to announce that we are relocating to Westport, New York. We have purchased a 43 acre farm to increase the capacity of horses we can save, and to reduce Nancy's commute to work. More time with Eddie and the horses!

Westport is on the shores of Lake Champlain, in the 6 million-acre Adirondack Park. Our farm is just a mile off of exit 31 on the Northway (Rt. 87). We are open by appointment only, and our new address is:

7556 NYS Route 9N  
Westport, New York 12993  
518-962-8512  
[horses@cmvhr.org](mailto:horses@cmvhr.org)  
[www.cmvhr.org](http://www.cmvhr.org)

We are excited to be a part of the Westport community, and look forward to seeing you in our new location.

### FARM FOR SALE:

Our farm in Thurman is for sale, and was recently featured on the Thurman Historical Society home tour, as the Albert Wescott farm. For more information, visit our web-site at [www.cmvhr.org](http://www.cmvhr.org) or Century 21 at [www.century21.com](http://www.century21.com).

## EVENTS SERVE MISSION

Our mission is to give abused, neglected, abandoned and slaughter-bound horses a second chance at life. To be truly effective, that requires more than hands-on care.

Education and outreach programs to teach the proper care and treatment of these animals are critical to our mission. Education is the key to the prevention of abuse and neglect.



Crowd learns about proper hoof care from Tim Felton, our farrier extraordinaire.



Minnie sees the dentist, Mike Sprague, at our July Horsemanship, Dental and Hoof Care Clinic.

This year, hundreds of people attended our natural horsemanship, dental and hoof care clinics, open houses, tack sales, and other special events.

We are currently working on our 2005 events calendar, and hope to see y'all there. Visit our web-site at [www.cmvhr.org](http://www.cmvhr.org) for the most current listing of events and happenings.